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Kevin Edmondson, Commissioner

Kristi Edmondson, Secretary

Rule 600: FISAL Participation Eligibility

I _____ understand that my son/daughter _____ may try-out and be on the roster for, but cannot compete in a scrimmage/game, practice, and/or attend a practice/game for "outside" team (Example: AAU, Club, Tournament teams, Rec. teams etc.) while attending practice or participating for their school in the same sport in the same season (playoffs are a part of the season) with the exception of Wrestling. **Wrestlers** may participate for both club and school. Athletes in both **Cross Country** and **Track** may have personal trainers and run unattached in 5K and 10K races but may not participate in organized Cross Country or Track and Field events. All athletes may attend trainings and/or clinics as long as they do not participate in a scrimmage or game during the trainings and clinics.

Penalties of Rule 600:

Individual:

For the first offense in any sport the student becomes immediately ineligible for participation for his/her middle school team for a number of contest equal to twice the number of times the rule is broken.

Any subsequent offense in any sport the student becomes immediately ineligible for one year from the second infraction in all sports.

Team:

Games in which a student participated on his/her middle school team after violation of Rule 600 shall be forfeited.

Parent/Guardian Signature: _____